

## CURRICULUM VITAE

### **Dr. Champa Jayalakshmie Wijesinghe**

MBBS, MSc (Community Medicine), MD (Community Medicine)



### **PERSONAL PARTICULARS**

**Name:** Champa Jayalakshmie Wijesinghe (*nee* Kohomban)

**Date of Birth:** 14<sup>th</sup> July 1972

**Sex :** Female

**Address:** No. 10, Real Place, Godakanda Road, Karapitiya, Galle, Sri Lanka

**Telephone Numbers:** Home: +94-91-2248836  
Office: +94-91-2234017  
Mobile : +94-718186934

**E-mail :** [cjw@med.ruh.ac.lk](mailto:cjw@med.ruh.ac.lk)

**Official address:** Department of Community Medicine,  
Faculty of Medicine,  
University of Ruhuna,  
P O Box 70, Galle,  
Sri Lanka.

**Civil status:** Married

**Present post:** Senior Lecturer & Specialist in Community Medicine  
Department of Community Medicine,  
Faculty of Medicine, University of Ruhuna, Sri Lanka

### **OVERVIEW**

- A medical graduate specialized in Community Medicine with post graduate degrees  
Doctor of Medicine in Community Medicine (University of Colombo)  
Master of Science in Community Medicine (University of Colombo)  
(Sri Lanka Medical Council Registration No: 16240)
- Senior Lecturer in Community Medicine, Faculty of Medicine, University of Ruhuna, Sri Lanka, actively engaged in teaching and training of undergraduate and postgraduate students in Medicine and Allied Health Sciences
- Nineteen years work experience in public health programme delivery at provincial, district and divisional levels

## **TRAINING AND QUALIFICATIONS**

### **MD (Community Medicine) University of Colombo**

**2004-2008**

Post graduate trainee, Post Graduate Institute of Medicine, University of Colombo, Sri Lanka

#### **Major Course Modules:**

**Part 1-** Advanced statistics, advanced epidemiology, research methodology, programme planning & evaluation, demography and health economics.

**Part 2-** Conducted four years study for thesis on “Caregiver burden in Cerebral palsy and its impact on the caregivers”

### **MSc (Community Medicine) University of Colombo**

**2003- 2004**

Post graduate trainee, Post Graduate Institute of Medicine, University of Colombo, Sri Lanka.

#### **Major Course Modules:**

Epidemiology, statistics, demography, research methodology, maternal & child health, adolescent health, nutrition, gerontology, environmental health, occupational health, health planning & management, health education, behavioural sciences and health service programmes

#### **Clinical attachments**

General Medicine, Paediatrics, Obstetrics & Gynaecology, Psychiatry, ENT and Dermatology

#### **Dissertation**

A descriptive study on women attending well woman clinics in the Galle district

### **MBBS (University of Ruhuna)**

**1994-1999**

Medical undergraduate, Faculty of Medicine, University of Ruhuna, Sri Lanka

2<sup>nd</sup> MBBS - September 1995 – 2<sup>nd</sup> class honours (Distinction in Anatomy)

3<sup>rd</sup> MBBS - July 1998 – 2<sup>nd</sup> class honours (Distinction in Microbiology)

Final MBBS - August 1999 – 2<sup>nd</sup> class honours

## **WORK EXPERIENCE**

*(Commencement & termination dates – most recent first)*

### **Senior Lecturer and a board certified specialist in Community Medicine**

Faculty of Medicine, University of Ruhuna, Sri Lanka (21.10.2009 – to date)

### **Honorary Research Fellow (Public Health Nutrition)**

School of Medicine & Dentistry, University of Aberdeen, Scotland, United Kingdom  
(15.12.2009 – 16.10.2010)

**Lecturer in Community Medicine** (02.04.2001 – 20.10.2009)

**Additional Medical Officer of Health, University Health Unit Area (Bope-Poddala)**

(02.04.2001 - to date)

**Intern Medical Officer [Surgery] (01.10.2000 –31.03.2001)**

Professorial Surgical Unit, Teaching Hospital, Karapitiya, Galle, Sri Lanka

**Intern Medical Officer [Paediatrics] (01.04.2000 -30.09.2000)**

Teaching Hospital, Karapitiya, Galle, Sri Lanka

**PROFESSIONAL MEMBERSHIPS**

- Life Member of the Sri Lanka Association for Advancement of Science
- Life Member of the Nutrition Society of Sri Lanka
- Life Member of the College of Community Physicians of Sri Lanka
- Life Member of the Galle Medical Association
- Life Member of the Sri Lanka Medical Association

**OTHER COMMITMENTS AND EXPOSURES**

- Visiting Lecturer for the Nurses Training School, Galle, Sri Lanka
- Visiting Lecturer for the Allied Health Sciences Degree Programme, Faculty of Medicine, University of Ruhuna
- Coordinator - Rural Health Training programme at District Hospital Akuressa, funded by the World Bank (2008-2009)
- Member - BSc (Nursing) sub committee, Allied Health Sciences Degree Programme, Faculty of Medicine, University of Ruhuna, Sri Lanka (2008-2012)
- Deputy Senior Student Counsellor, Faculty of Medicine, University of Ruhuna (2016-2017).
- Student Counsellor, Faculty of Medicine, University of Ruhuna (2014-2018)
- Examiner - 3rd MBBS Part I - Viva voce examinations in Parasitology
- Examiner - Semester and Final Examinations of BSc Nursing & Medical Laboratory Sciences degree programmes, Faculty of Allied Health Sciences, University of Ruhuna (Theory and Viva voce examinations in Epidemiology / Community Nursing)
- Examiner - Examination for Registration of Practice Medicine in Sri Lanka (ERPM) – viva voce examination in Community Medicine
- Visiting Lecturer and Examiner - MSc (Community Medicine) Degree Programme of the Postgraduate Institute of Medicine, University of Colombo, Sri Lanka
- Examiner - MSc (Epidemiology) Degree Programme of the University of Kelaniya, Sri Lanka
- Supervisor of undergraduate research in Nursing & Medical Laboratory Sciences degree programmes, Faculty of Allied Health Sciences, University of Ruhuna
- Supervisor of postgraduate research in MSc, MD, MPhil and PhD degree programmes in Medicine and related disciplines
- Postgraduate trainer in MD (Community Medicine) Programme conducted by the Postgraduate Institute of Medicine, University of Colombo, Sri Lanka

- Member – Ethical Review Committee, Faculty of Medicine, University of Ruhuna (2014-2017)
- Member – Medical Education & Staff Development Advisory Committee, Faculty of Medicine, University of Ruhuna (2014-2017)
- Member – Steering committee, Senehasa Foundation (a non-profit making organization for delivery of health and social care for children with special needs and their families in Southern Sri Lanka) from 2006 up to date
- Member (Nutrition subcommittee) - Expert Panel for Health Development, Ministry of Health, Sri Lanka (from 2012 -2014)
- Member – Board of Study in Medical Administration, Postgraduate institute of Medicine, University of Colombo (from 2015)
- Member – Board of Study in Community Medicine, Postgraduate institute of Medicine, University of Colombo (from 2018)
- Secretary– Lanka Public Health Education Institutes Network (LANKAPHEIN) for 2015-2020 and a steering committee member (2010 -2020)
- Secretary – Ruhuna Faculty of Medicine Teachers’ Association (2011-2012)
- Treasurer – Southern Chapter of the College of Community Physicians, Sri Lanka (2012-2018)
- President – Southern Chapter of the College of Community Physicians, Sri Lanka (2018)
- Member – Curriculum Revision and Evaluation Committee, Faculty of Medicine, University of Ruhuna (from 2018)
- Member – Faculty Research Committee, Faculty of Medicine, University of Ruhuna (from 2018)
- Member – Canteen Committee, Faculty of Medicine, University of Ruhuna (from 2018)
- Executive committee member – Galle Medical Association (2019/2020)
- Member – Technical Review Committee for Revision and up-scaling of Food Based Dietary Guidelines for Sri Lanka, Ministry of Health
- Joint Editor – Galle Medical Association (2020)
- Council member – Nutrition Society of Sri Lanka (2020)

## **PUBLICATIONS**

### **Books**

**Wijesinghe CJ**, De Silva PV, 2015. Community Medicine Elective Programme: Handbook for elective students, Bhatiya Publications: Galle, Sri Lanka

### **Full papers in refereed journals**

1. Attygalle UR, Hewawitharana G, **Wijesinghe CJ**, 2020. Migraine, Attention Deficit Hyperactivity Disorder and screen time in children attending a Sri Lankan tertiary care facility: are they associated? *BMC Neurology*, 20: 275.

2. Karunanayaka ADSS, **Wijesinghe CJ**, Somasiri KG, 2020. Maternal competencies among mothers with infants at early infancy in Sri Lanka; a qualitative evaluation. *Galle Medical Journal*, 25 (2):48-54.
3. Wickramatilake CM, **Wijesinghe CJ**, Wijayarathne WMDGB, Tillekeratne V, Dolamullage JM, 2020. Outcome and acceptability of an educational intervention programme on food-borne diseases and food safety behavior for food handlers and related sectors in Sri Lanka. *Journal of Food Safety & Food Quality*, 71 (1): 16-21.
4. Priyadharshana U, Piyasiri LB, **Wijesinghe C**, 2019. Prevalence, antibiotic sensitivity pattern and genetic analysis of extended spectrum beta lactamase producing *Escherichia coli* and *Klebsiella* spp among patients with community acquired urinary tract infection in Galle district, Sri Lanka. *Ceylon Medical Journal*, 64 (4): 140–145.
5. Karunatilake H, **Wijesinghe CJ**, Wijenayake HGK, Wettasinghe SS, Mendis MTK, Niroschan WGT, 2018. Management of patients suspected of having dengue fever: association of illness severity with clinical parameters: a single center experience from Southern Sri Lanka. *Journal of the Ruhunu Clinical Society*, 23(1), pp.10–15.
6. Nishadhi DASM, Attanayake AP, **Wijesinghe CJ**, 2018. Association between plant-based dietary antioxidant intake and the oxidative stress of healthy adults in the health unit area of Bope-Poddala, Sri Lanka. *International Journal of Medical and Health Research*, 4(10): 168-172.
7. Sundarapperuma T, **Wijesinghe C**, Hettiarachchi P, Wasalathanthri S, 2018. Perspectives of Mothers and Healthcare workers on diet during postpartum period in mothers with Gestational Diabetes Mellitus (GDM): in Sri Lanka: A community-based, qualitative study. *Journal of Diabetes Research*; Volume 2018, Article ID 6459364, 6 pages: <https://doi.org/10.1155/2018/6459364>
8. Jayaweera HAMD, **Wijesinghe CJ**, 2018. Maternal Knowledge, Perceptions and Age-appropriate Coverage of Routine Immunization in Children under Five Years in Southern Sri Lanka. *Asian Journal of Pharmacy, Nursing and Medical Sciences*, 6 (1): 1-11.
9. Farajzadeh A, Amini M, Maroufizadeh S, **Wijesinghe CJ**, 2018. Caregiver Difficulties Scale (CDS): Translation and Psychometric Evaluation Among Iranian Mothers of Cerebral Palsy Children. *Occupational Therapy In Health Care*, 32 (1): 28-43.
10. Edirisinghe EARC, Rupasinghe JAS, **Wijesinghe CJ**, 2017. Awareness regarding obstetric danger signs and related factors among antenatal mothers admitted to General Hospital, Matara. *Journal of the Ruhunu Clinical Society*, 21: 17-22.
11. Fernando GHS, **Wijesinghe CJ**, 2017. Hospital food service standards: a critical analysis and suggestions for improvement. *Galle Medical Journal*, 22 (2): 17-21.
12. Sirisena T, **Wijesinghe CJ**, 2017. Acute confusional state among hospitalized older adults: a preliminary survey of causes and consequences. *Galle Medical Journal*, 22 (1): 6-11.

13. De Silva K, Perera B, Liyanage C, **Wijesinghe C**, 2017. Nutritional status of the elders in Galle district, Sri Lanka. *Galle Medical Journal*, 22 (1):1-5.
14. SA Gunaratne, HKSN Wijesinghe, **CJ Wijesinghe**, SKE Dissanayake, MHP Godakandage, 2016. Comparison of Fine Needle Aspiration Cytology (FNAC) and thyroid ultrasonography in the diagnosis of thyroid nodules. *Journal of Diagnostic Pathology*, 10 (2): 12-20
15. Michel D. Landry, Sudha R. Raman, Elise Harris, Layla Madison, Meera Parekh, Cecile Banks, Huda Bhatti, **Champa Wijesinghe**, 2015. Exploring the factors that influence the perceptions of disability: a qualitative study of mothers of children with disabilities at a community-based rehabilitation centre in Sri Lanka. *WHO South East Asia Journal of Public Health*, 4 (2): 150-158.
16. Wimalasena TB, Liyanarachchi ND, **Wijesinghe CJ**, De Silva PV, 2015. Occupational exposure to sharp injuries among doctors working in two Teaching Hospitals in the Southern Province. *Journal of the Ruhunu Clinical Society*, 20 (1): 11-16.
17. Fernando GHS, **Wijesinghe CJ**, 2015. Patient perception on hospital food service at Teaching Hospital, Karapitiya. *Galle Medical Journal*, 20 (2): 13-20.
18. Lekamwasam S, Rodrigo M, Wickramathilake M, **Wijesinghe C**, Wijerathne G, de Silva A, Napagoda M, Attanayake A, Perera C, 2015. Preventing ragging: outcome of an integrated programme in a medical faculty in Sri Lanka. *Indian Journal of Medical Ethics*, 12 (4): 227-30.
19. Fernando GHS, **Wijesinghe CJ**, 2015. An assessment of the quality of the kitchen at Teaching Hospital Karapitiya: an observational study. *Sri Lanka Journal of Medical Administration*, 17: 27-33.
20. Nishani H. Ubeysekara, Renuka Jayathissa, **Champa J. Wijesinghe**, 2015. Nutritional Status and Associated Feeding Practices among Children Aged 6-24 Months in a Selected Community in Sri Lanka: A Cross Sectional Study. *European Journal of Preventive Medicine*, Special Issue: New Frontiers of Public Health from the Pearl of Indian Ocean, Sri Lanka. Vol. 3, No. 2-1: 15-23.
21. **Champa J. Wijesinghe**, Natasha Cunningham, Pushpa Fonseka, Chandanie G. Hewage, Truls Østbye, 2014. Factors associated with caregiver burden among caregivers of children with cerebral palsy in Sri Lanka, *Asia Pacific Journal of Public Health*, 27 (1): 85-95.
22. **Wijesinghe CJ**, Hewage CG, Fonseka P, 2013. The prevalence and predictors of psychological problems among principal caregivers of children with cerebral palsy in Galle, Sri Lanka, *Journal of the College of Community Physicians of Sri Lanka*, 19 (1): 8-17.
23. **Wijesinghe CJ**, Hewage CG, Fonseka P, 2013. The development and validation of an instrument to assess caregiver burden in Cerebral palsy: Caregiver Difficulties scale, *Ceylon Medical Journal*, 58: 162-7.

24. Perera B, Amarasena S, **Wijesinghe CJ**, Wijayasiri A, Fernando N, Jayasinghe S and Kapilaratne A, 2009. An evaluation of community based learning programme designed for medical undergraduates in Sri Lanka, *International Journal of Child Health and Human Development*, 3 (1): 43-48.
25. Mudduwa LKB, **Wijesinghe CJ**, 2008. Awareness of breast cancer among females with breast disease. *Galle Medical Journal*, 13 (1): 14-8.